

New for 2012!

New ID #	Title	Length	Copyright Year	Notes
A-14, d	Living in Bear Country	20 min	2009	This video provides practical advice on ways to minimize problems with bears in the places that people live.
A-23, d	Staying Safe in Bear Country	30 min	2008	This video provides information to help reduce human injuries and property damage from grizzly and black bears throughout North America
C-26	What Would You Say?	76 min.	2009	What is it that keeps us from approaching co-workers about unsafe behavior? This video focuses on how we can approach our co-workers and what we can expect their responses to be. There are four things to keep in mind when approaching a co-worker: Stay positive. Express your concern. State the consequences. Be specific.
CD-04	Fueling Do's & Don'ts	9 min.	2004	We all think fueling motor vehicles, boats, and even lawn equipment is pretty straightforward. This video sheds light on ways this routine task can go awry and offers tips on how to be safe.
H-128	Boating Alaska	31 min.	2010	Boating is one of the most popular activities in Alaska, but boating can end in tragedy without proper precautions. While this is not a proper boating course, this video contains essential information for safe boating. It includes: Pre-trip planning, accident prevention, and handling emergencies.
H-127	Cold Water Boating	7 min.	2008	This video focuses on the effects of cold water immersion and dispels myths about hypothermia.
H-18	Fatigue at Work	11 min.		This program covers the definition, the causes, the contributing factors, the effects, the hazards and the consequences of fatigue. It increases the awareness of the standards for worker responsibility in observing and being active in daily safety procedures.
H-130	Healthwise – Fitness	6 min.		Statistics demonstrate that workers who are overweight, under stress, smoke, or who fail to eat properly are more likely to call in sick or injure themselves on the job. Reduce absenteeism by teaching your workers about Health Wise choices at work and at home. For example, more than 400,000 deaths a year are related to smoking, according to the Center for Disease Control. And according to the Heart Association of America, heart disease is the No.1 killer of both men and women. Approximately 50% of adults have elevated levels of cholesterol, a key risk factor for heart disease. When workers fall ill they can't perform at peak levels and productivity suffers.

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H-131	Healthwise- Lower Cholesterol	6 min.		Statistics demonstrate that workers who are overweight, under stress, smoke, or who fail to eat properly are more likely to call in sick or injure themselves on the job. Reduce absenteeism by teaching your workers about Health Wise choices at work and at home. For example, more than 400,000 deaths a year are related to smoking, according to the Center for Disease Control. And according to the Heart Association of America, heart disease is the No.1 killer of both men and women. Approximately 50% of adults have elevated levels of cholesterol, a key risk factor for heart disease. When workers fall ill they can't perform at peak levels and productivity suffers.
H-132	Healthwise – Nutrition	6 min.		Statistics demonstrate that workers who are overweight, under stress, smoke, or who fail to eat properly are more likely to call in sick or injure themselves on the job. Reduce absenteeism by teaching your workers about Health Wise choices at work and at home. For example, more than 400,000 deaths a year are related to smoking, according to the Center for Disease Control. And according to the Heart Association of America, heart disease is the No.1 killer of both men and women. Approximately 50% of adults have elevated levels of cholesterol, a key risk factor for heart disease. When workers fall ill they can't perform at peak levels and productivity suffers.
H-133	Healthwise – Stress Management	6 min.		Statistics demonstrate that workers who are overweight, under stress, smoke, or who fail to eat properly are more likely to call in sick or injure themselves on the job. Reduce absenteeism by teaching your workers about Health Wise choices at work and at home. For example, more than 400,000 deaths a year are related to smoking, according to the Center for Disease Control. And according to the Heart Association of America, heart disease is the No.1 killer of both men and women. Approximately 50% of adults have elevated levels of cholesterol, a key risk factor for heart disease. When workers fall ill they can't perform at peak levels and productivity suffers.
H-134	Healthwise- Quit Smoking	6 min.		Statistics demonstrate that workers who are overweight, under stress, smoke, or who fail to eat properly are more likely to call in sick or injure themselves on the job. Reduce absenteeism by teaching your workers about Health Wise choices at work and at home. For example, more than 400,000 deaths a year are related to smoking, according to the Center for Disease Control. And according to the Heart Association of America, heart disease is the No.1 killer of both men and women. Approximately 50% of adults have elevated levels of cholesterol, a key risk factor for heart disease. When workers fall ill they can't perform at peak levels and productivity suffers.

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H-123	Long Hair and Loose Clothing Safety	9 min.	2004	Do you have long hair, wear jewelry to work, wear loosing clothing? View this video to learn the hazards associated with long hair. Jewelry, and loose clothing.
H-126	Maintaining Your Safety	20 min.	2009	Graphic Content! Maintenance workers face enormous pressure to get jobs done as quickly as possible. This video reminds us to stick to safety procedures in the face of pressure. There are also many potential hazards maintenance workers can be exposed to on the job. Accidents can be prevented with: Job Hazard Analysis; Lockout Tag out procedures and other safety procedures; the use fall protection, Arc rated clothing, and other protective equipment.
H-74	Take Time for Safety	16 min.	2009	Ever run out of time to complete a job, make an appointment, or meet a deadline? Watch this video to see the consequences of hurrying.
H-129	Stress: Portrait of a Killer	50 min.	2008	Over the last three decades, science has been advancing our understanding of stress—how it impacts our bodies and how our social standing can make us more or less susceptible. From baboon troops on the plains of Africa, to neuroscience labs at Stanford University, scientists are revealing just how lethal stress can be. Research tells us that the impact of stress can be found deep within us, shrinking our brains, adding fat to our bellies, even unraveling our chromosomes. Understanding how stress works can help us figure out ways to combat it and how to live a life free of the tyranny of this contemporary plague. In <i>Stress: Portrait of a Killer</i> , scientific discoveries in the field and in the lab proves that stress is not just a state of mind, but something measurable and dangerous.
H-74	Take Time for Safety	16 min.	2009	Ever run out of time to complete a job, make an appointment, or meet a deadline? Watch this video to see the results of hurrying.
H-122	Trenching and Excavation Safety: The Scott May Story	19 min.	2004	Learn about soil types, grading slopes and preventing cave-ins.
H-124	Understanding Safety Awareness	12 min.	2004	What is an accident? How do they occur? Who is responsible? Learn about safety policies and safe work procedures as you view this video.
H-125	101 Days of Summer Safety	20 min.	2009	More injuries occur during the summer than any other time of year. Summertime fun presents dangers that can be managed using the same safe work practices we use on the job. There are many safety parallels between work and play, including car maintenance and safe driving, heat and water related injuries, over exertion, and operating dangerous equipment.

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M-32, k	Respiratory Protection and Safety	24 min.	2000	VHS and binder kit. This film and kit is designed to teach employees how the respiratory system works, potential effects of respiratory hazards, common types of respiratory hazards, common causes of respiratory problems, good respiratory safety practices, commonly used respiratory safety equipment.
M-38	Respirator Safety: Public Knowledge		2009	Give your workers a straight-forward look at why they need respirators, how to properly fit and maintain them and when to use certain types.
S-37d,k	Incident Investigation – Getting Started	18 min.	2011	It helps to get a solid understanding of how to conduct a thorough incident investigation with the first in this four-part training series. You'll see the purpose and importance of the investigation and why it is imperative in helping to maintain a safer work environment. You'll hear about your role and responsibilities in investigating incidents and find out the eight steps in the incident investigation process.
S-38, d, k	Incident Investigation – Forming an Effective Team and Gathering Information	21 min.	2011	Putting together an effective team to gather information is a key step in the incident investigation process. Without the proper team in place, important details may get overlooked. This program covers how to put together an efficient investigative team made up of personnel qualified to examine every aspect of an incident. You'll also hear conducting interviews using the right type of questions and gathering information that will form the foundation of your investigation.
S-39, d, k	Incident Investigation – Analyzing the Facts and Causes	18 min.	2011	Once you've interviewed witnesses and collected evidence, the data may seem overwhelming. What should you do with that data? How do you identify key factors?
S-40, d,k	Incident Investigation – Recommendations, Communication and Follow-up	16 min.	2011	The purpose of an incident investigation is to protect precise lives and take steps to prevent an incident from happening again. The final three steps are imperative to preventing any further incidents.
V-28, d	Driven to Distraction	20 min.	2010	Distracted drivers claimed nearly 6,000 lives in 2008. Help raise awareness of this dangerous practice among your employees. This DVD is narrated from the viewpoint of the Distraction Demon.
V-29, d	Driven to Distraction II	20 min.	2010	Once again, the Distraction Demon rides along with various drivers and prompts them to give in to the distractions that tempt many drivers.
V-30, d	Motorcycle Awareness	25 min.	2010	Thirty percent of bikers killed each year are a victims of their own neglect of the basic rules. This program gives employees an eye-opening look at the dangers of motorcycle riding and provides them with important information they need to know before riding a motorcycle