

# NEW TO THE 2006-08 M.R.C. CATALOG



## ❖ Ergonomics/Office Safety

### **Overexertion: Injury Prevention**

**VHS: I-26v**

*14 minutes*

#### Description:

In this effective and motivational program, your employees will learn how the body functions, risk factors associated with overexertion type injuries and preventive measures they can utilize to reduce their exposure and prevent injuries. The program teaches the impact their posture can have on their body and the cumulative affect of improper lifting techniques. The visual graphics and comprehensive information will educate and motivate your employees to make the proper decisions and lifestyle adjustments to ensure their health and safety.

## ❖ Fire Emergency

### **Fire Prevention Safety**

**VHS: F-40v**

*19 minutes*

#### Description:

Workplace fires leave more than 200 people dead and 5,000 injured each year, as well as causing as much as \$2.3 billion in property damage. The buildings that are destroyed by fire can be replaced, but human life cannot. To save their lives and the lives of their co-workers; employees must know the proper procedures for preventing fires, in addition to the correct response actions to take in the event of a fire.

- Steps to prevent fires.
- Classes of fires and the appropriate extinguisher to be used on them.
- Proper use of fire extinguishers and water hoses.
- Emergency and evacuation procedures to be taken in the event of a fire.

## ❖ General Safety & Health

### **HIGH IMPACT: Electrical Safety**

**VHS: E-40v**

*19 minutes*

#### Description:

As part our best-selling "*High Impact Series*", this dynamic video shows viewers that a commitment to electrical safety is the key to maintaining an injury-free workplace or even saving ones life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature.

- Ten accidents involving electrical mishaps.
- Unqualified worker causes explosion.
- Failure to communicate accurately and de-energize circuits results in injury.
- Inadequate distance from power lines leads to death.
- Ignorance of proper tool grounding results in death.
- Ignoring safe work practices results in electrocution.
- "Rookie mistake" leads to shock and injury.

## ❖ Hazardous Materials/Haz Com

### **Hazard Communication**

**DVD: H-39d**

*17 minutes*

#### Description:

Required by OSHA for training employees who use chemicals/hazardous materials in the workplace. Describes material safety data sheets (MSDS), labeling, and basic safety when using these materials.

# **NEW TO THE 2006-08 M.R.C. CATALOG**

## ❖ **Hearing Protection**

### **Hearing Conservation & Safety**

**DVD: H-40d**

*25 minutes*

#### Description:

MARCOM's Regulatory Compliance Kit™ "Hearing Conservation and Safety" has been specifically created to assist facilities in complying with OSHA's revised Hearing Conservation Standard. The compliance manual provides a detailed summary of the information needed to comply with the Standard, as well as a "fill-in-the-blank" written Hearing Conservation Program. The posters in the kit emphasize the importance of using proper hearing protection. The DVD and employee booklets include information on:

- How our ears work
- Types of hearing damage/loss
- Common causes of hearing damage/loss
- Potential effects of hearing damage
- Noise avoidance and hearing safety practices
- Selection and use of personal protective equipment

## ❖ **Training – Electrical Industry**

### **Pole Top Bucket Truck Rescue**

**DVD: P-37d**

*17 minutes*

#### Description:

This program was created by a Utility Company with the express purpose in mind to give workers and rescuers the knowledge they need to perform a successful rescue and help save lives. In this video workers will see the correct procedures if they encounter a situation where they are needed to perform a rescue maneuver. Everything is covered in great detail. Step by step- Assessing the situation; Climbing the pole or raising of the bucket; Tying the victim off in place while preparing them for lowering; What knot to use; Technique for lowering them to safely to the crew on the ground, etc. When properly applied these techniques can save the life of a victim as well as the would-be rescuer.